

Dear all members and families,

I hope this message finds you all in high spirits as we approach the festive season and look back at a great year the club has had. Firstly, I want to express my gratitude for your vote of confidence in entrusting me with this role and I'm genuinely excited to work with you and the committee to keep building on what is already a successful and fun club. I have a long history with triathlon and hope to bring the passion that I have for the sport to all our members.

I would like to extend a huge thank you to all the parents who support our young athletes' training endeavours. Your dedication and encouragement play a vital role in our juniors' success. I encourage you to support your young athlete's potential again next year as we look to offer another year of exciting challenges and fitness based goals, no matter what stage the athletes are at. A special thanks also, on behalf of the parents and myself, to the incredible volunteers, both past and present, who work tirelessly behind the scenes to ensure our club runs seamlessly. For your contribution to creating a safe and fun training environment for all our athletes we are all grateful; The amount of time and effort given by these volunteers should not be underestimated and anyone who believes they can offer something to the club, please let us know.

In the spirit of new beginnings, keep an eye out for some exciting new sessions in the coming year, whether you're a seasoned member or a potential new face, we encourage everyone to set fresh challenges for themselves.

As we gear up for the holidays, I want to wish each and every one of you a very happy festive season filled with hopefully a little swim, bike and run alongside some treats that you all deserve.

Warm regards, Rob Chairman, Isle of Wight Triathlon Club



# EVENTS THIS YEAR



2023 has seen our members travel all over the South of England once again to take part in competition. Particularly well done to Daisy, Mattie and Max who did their first triathlons this year. We also had our biggest ever club turn out for Chichester Triathlon where we were well represented in all of the junior categories. A very proud day for our little club.

#### A round up of triathlons we have travelled to

Oldbury Triathlon, Wiltshire Crystal Palace Triathlon Fareham Triathlon Bowood Triathlon, Wiltshire Fareham Triathlon Chichester Triathlon Eton Dorney Triathlon Hever Castle Triathlon, Kent



We are lucky to be a sponsored club with Wightlink Ferries. All of the competitive multi sport events take place on the mainland and this travel assistance makes a huge difference. We are grateful that this support will continue into 2024.





### DECEMBER 2023

#### **ISLAND GAMES, GUERNSEY**

We were so proud this summer to see Henry, Lottie-Rose and Thomas represent the Isle of Wight in the triathlon event at the Island Games in Guernsey. This event sees small islands from all over the world come together to compete in many different events. What a fabulous experience and an excellent achievement.



#### **TIME TRIAL CYCLING**



We are so lucky on the island to have the opportunity to take part in the Wightlink Wight Mountain Time Trial cycling events. Annabelle, Phoebe, Maia, Henry, Lottie-Rose, Benjamin, Darcey, Bella, Jasper and Katie all took part this year. At the Hill Climb Championships, Henry put in a great performance whilst Katie, Phoebe and Annabelle fought it out for the junior girls podium. We are looking forward to another year of cycling and would like to thank Julie and Jerry Cooper for putting on these events. Being able to take part in competition without having to travel off the island has been brilliant for our athletes development.

#### ARE YOU KEEN TO FIND OUT MORE?

If you know some who might be keen to join our triathlon family, then we are just a message away at <u>juniors@isleofwighttriathlonclub.co.uk</u> We would welcome enquiries from all juniors aged 8-17.



# INTER REGIONAL CHAMPIONSHIPS

Huge congratulations to Emily who competed in the regional race series and finished 3rd. This meant that she qualified as one of only 4 girls in her age group to represent South Central region (Hampshire, IOW, Berkshire, Bucks and Oxfordshire!) for the National Inter Regional Championships She travelled to Leicestershire in September to compete against the best athletes from across the country in her age group in an individual race and a mixed team relay. Well done Emilvl



## HAMPSHIRE CROSS COUNTRY

As a club we affiliate to Hampshire Cross Country League to enable our members to compete over the winter. Katie. Emily, Jasper, Elsie and Martin have all participated this year with some great results, and great progress. Katie has been selected for the Hampshire Cross Country team which is an excellent achievement for a multi sport athlete!



DECEMBER 2023

# 2023 IN PICTURES

Isle of

light

RIATHLON CLUB





NEWSLETTER







